



SAPPERTON PHYSICAL EDUCATION CURRICULUM

PE Long Term Plan 2025-2026						
Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1 and 2	<ul style="list-style-type: none"> • Boccia • Ball skills • Forest School 	<ul style="list-style-type: none"> • Ball Games • Ball Skills • Forest School 	<ul style="list-style-type: none"> • Gymnastics • Indoor Athletics • Forest School 	<ul style="list-style-type: none"> • Kwik Cricket • Multi Skills & Fun • Forest School 	<ul style="list-style-type: none"> • Dino-Dance • Football Fundamentals • Forest School 	<ul style="list-style-type: none"> • Athletics • Outdoor Adventure • Forest School
Year 3 and 4	<ul style="list-style-type: none"> • Multi Skills • Indoor Athletics 	<ul style="list-style-type: none"> • Gymnastics • Netball 	<ul style="list-style-type: none"> • Boccia • Swimming • Forest School 	<ul style="list-style-type: none"> • Kwik Cricket • Swimming • Forest School 	<ul style="list-style-type: none"> • Science Dance • Football • Forest School 	<ul style="list-style-type: none"> • Athletics • Outdoor Adventure • Forest School
Year 5 and 6	<ul style="list-style-type: none"> • Football • Indoor Athletics 	<ul style="list-style-type: none"> • Gymnastics • Quick sticks 	<ul style="list-style-type: none"> • Dance WW2 • Swimming • Forest School 	<ul style="list-style-type: none"> • Boccia • Netball • Swimming 	<ul style="list-style-type: none"> • Multi-skills • Kwik Cricket • Forest School 	<ul style="list-style-type: none"> • Athletics • Outdoor Adventure • Forest School